

Ellagic Acid In Fruit & Nuts **Anti -Cancer, -Tumor, -Inflammatory, -Virus**

BLUEBERRY, RASPBERRY,
BLACKBERRY BERRIES



Web articles re. Ellagic Acid in particular fruits like pomegranates, berries, e.g., raspberries, strawberries, blackberries, blueberries, and some nuts (walnuts, pecans). that makes them anti-cancer, anti-tumor, anti-inflammatory, **anti-viral**

1. Immunity Therapy Center

[Ellagic Acid: The Micronutrient That Kills Cancer Cells](#)

Note: detail by fruit; and Pomegranate Chicken Salad recipe

See **Healing Protocols, Immune Health** Page 2

2. Food for Breast Cancer

[Pomegranate and Berry Compound Ellagic Acid...](#)

3. Well.Org

[What is Ellagic Acid? 10 Foods That Contain Ellagic Acid](#)

4. Dr. Axe

[Ellagic Acid Foods, Benefits...](#)

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